Monday 21st July

Dear Parents/Caregivers,

**They Are Back! .... (Headlice)**
Unfortunately the school has been informed that there are a number of cases of students with head lice in the school.

This often may cause an ongoing level of personal frustration and considerable expense.

Did you know that head lice LOVE clean hair!

**What does the school do?**

1. When a case is reported a letter of action is distributed to students in the particular class of the reported case.
2. The parents of these students are asked to respond and treat their child for an infection of head lice (even if only as a precaution).

**Further tips for tackling kids head lice**

- Use hair conditioner and a fine head lice comb.
- Apply conditioner to the hair and comb through with a wide-toothed comb to remove the tangles.
- Then use a fine metal lice comb to remove the lice and pull the nits off the hair.
- The conditioner helps slow down the louse and makes it easier to comb out.
- Reduce the possibility of infection by keeping hair tied back or up.

It is unrealistic to expect that any school community can totally eliminate infections of head lice. If this could be guaranteed then a school would want this but unfortunately this cannot be achieved.

You are asked to help **us** reduce the possibility of head lice infections by regularly checking your child’s hair AND treating an infection with an approved product.

**July Meeting:**

When: Wednesday, 23 July
Where: Staffroom
Time: 6:30 pm

All very welcome!

**Dates to Remember**

- **Assembly Time**
  Tuesday 22nd July @ 1.40pm
  Combined K-6
- **Wednesday 23rd July**
  P&C meeting @ 6:30pm
- **Thursday 31st July**
  6S Cake Stall
- **Friday 1st August**
  Jeans for Genes Day

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**Blue Haven Public School**

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Dream • Believe • Succeed
Parent Teacher Interviews
Tomorrow from 3pm-6.30pm we will be holding our Parent Teacher interviews for parents who have booked an interview with their child’s teacher. The interviews will be held in the following areas:
Kindergarten: - KC & KA,
Years 1 & 2: - Library,
Years 3 & 4: - KE & KW,
Years 5 & 6: - KS & 5B.

Police School Liaison Visit for Years 3 & 4
As part of preparing our students for a safe future the school has invited the Police School Liaison Officer to speak to our Stage 2 students. The talk will cover the topics of doing the right thing (making good choices), bullying and social networking (dangers).
When: Friday 25th July 2014
Time: 9.30am
Where: School Hall
Parents of students in Years 3 & 4 are invited to attend.

Primary Ethics Teachers – Volunteer positions.
We need volunteers to fill vacancies for Primary Ethics Teachers at Blue Haven Public School. Anyone can be a volunteer teacher, parents, grandparents, carers. All you need is a positive attitude and a willingness to commit to around 1hr each week of term to help children learn HOW to think not WHAT to think, be able to attend a two day workshop, and have basic computer skills. Ongoing support is also provided.

- To learn more go online www.primaryethics.com.au
- Contact: Pat Thompson 43905478, 0422435143, dannat11@dodo.com.au

Graffiti
Unfortunately over the weekend someone got into Blue Haven Public School and put graffiti on a number of our school walls. It is very disappointing for students, teachers and the school community when something like this happens as we take pride in our school environment. We have organised for a company to come and clean our walls as soon as possible. Over the weekend if community members see anyone in the school grounds who shouldn’t be there they can contact security on 1300 880 121

School Banking.
New rewards released in term 3.
Blue Haven Public School is excited to offer the Commonwealth Bank School Banking program to all students.
The School Banking program provides children with an opportunity to make deposits into their personal Commonwealth Bank Youthsaver account at school each week. The program is about how often your child makes deposits, not how much they deposit.
To encourage regular savings behaviour the program offers an exciting Rewards Program. Every deposit earns your child a Dollarmites token, and once they’ve collected 10 tokens they can redeem them for a reward.

Rewards available in term 3 are:
- Handball
- Scented Pencils
- Shark or Penguin Keyring
- Whale Shark Pencil Case
- Moneybox
- Swimming Bag

School Banking day is Wednesday.
Please send in your redemption card and tokens on banking day. Rewards will be delivered in 1-2 weeks. Pooling of tokens is not allowed.
If you wish for your child to participate in the program Youthsaver accounts can be opened at any branch of the Commonwealth Bank, or by calling 132221. Existing customers with NetBank access can open accounts online.
STREET ART - THEATRE - SONG WRITING & RECORDING
Still spots left

Our Voice MUSIC Lab WYONG
Produce and Record an original song, any music style or experience welcome.
Date: JULY 29th- Sept 16th
Time: 3-5pm
Address: Colongra Bay Hall, Lake Munmorah
Cost: FREE

Music Song Writing and Recording
Date: July 29th- Sept 17th
Time: Wednesday's 4.00pm-6.00pm
Cost: $90
OR Time slots allocated FOR ONE ON ONE
Cost: $40-2 hour session, must book

Nutrition Snippet
The simplest way
...to use leftovers

Need a dinner meal that is also great for lunch boxes? Try our potato frittata recipe. This family favourite can be eaten hot or cold the next day as leftovers.

Ingredients
250g sweet potato, sliced
250g potato, sliced
1 tsp olive oil
1 onion, thinly sliced
1 bunch baby spinach, washed and drained
3 eggs, lightly beaten
2 tbsp grated Parmesan cheese
½ tsp nutmeg

Method
Preheat grill. Ballet potato and sweet potato for 45 minutes until tender, or microwave on HIGH (100%) in a covered dish with 1 tablespoon water for 5-6 minutes, stirring after 3 minutes. Drain well. Heat oil in a non-stick frypan, add onion and cook for 2 minutes until golden. Add potato and sweet potato, toss to combine and brown. Stir in spinach and stir-fry until wilted and moisture has evaporated. Mix eggs, cheese and nutmeg in a small bowl and pour into pan. Cook over low heat until set. Place under hot grill for 2 minutes to brown the top. Enjoy!

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit