Monday 12th May

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**School Dates for the Fridge Door**

**Assembly Time**
Tuesday 20th May
1.40pm
Combined K-6
1/2C Performing

**Wednesday 21st May**
Cross Country *(whole school)*

**Wednesday 28th May**
School Athletic Carnival *(whole school)*

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**Some Tips on How to Tackle Anxiety in Young People.**
The school environment is established to be a one of consistency and safety where students can feel valued and supported.

To do this more effectively the school needs to be appropriately informed of individual student issues and concerns.

Some children are very easy going and nothing seems to bother them. However, many other children worry about all sorts of things, and when these normal everyday worries turn into anxiety it can be very difficult for a young person to participate in and experience school and life in general to the full. It can also interfere with their overall mental health and wellbeing, learning and development. 10% of children have problems coping with anxiety.

Anxiety disorder can cover a whole range of emotions and behaviours, from separation anxiety to shyness or an unwillingness to participate or make friends.

Some children are more pre-disposed towards anxiety and for some children there is a trigger event which contributes to the onset of anxiety disorders. They include:

A child’s **personality**. Some children are more reserved and inward looking than others.

An **event**. A specific event like a
Soccer Team News

On Tuesday 6th May the Blue Haven boys soccer team competed against Lake Munmorah boys soccer team at Blue Haven Oval. While the boys played well, showing great skills and team work they were defeated in a tough loss. A special mention to Brendan Churches who was injured during the match and was taken from the field, the rest of the team showed great respect for Brendan sending him off with a guard of honour.

Ethan Hills led with fantastic captaincy skills as the team showed great resilience to continue with the game.

Thank you to Chris Garbutt, who coached the boys during their training sessions and Mrs Stanford, for helping when Brendan was injured.

Help us to be appropriately understanding of your child’s needs by keeping us informed. A mutually established time to have a parent/teacher interview is often the best place to share such concerns.

Gary Crowther
Principal (R)

Deputy Principal’s Message

Naplan

Naplan for Years 3 & 5 will take place this week on Tuesday, Wednesday and Thursday. Please ensure that students in Years 3 & 5 are at school on time on Tuesday, Wednesday and Thursday. The Naplan tests will be held in the morning on each of these days. On Tuesday students will sit the Language and Writing test, Wednesday the Reading test and on Thursday the Numeracy test. Friday will be a catch up day for students that may have missed a test.

Mother’s Day

A big thank you to our P & C for organising our Mother’s Day stall on Thursday and to our parent volunteers for helping to run the stall on the day. I hope that all of our mums and grandmothers enjoyed their day yesterday.

Donations of emergency clothes

Thank you to all the parents who donated spare clothes for ‘little emergencies’. Please keep us in mind in the future if you have unwanted, clean underwear and uniforms.

Admin.

“Come as your Idol” Mufti Day

A total of $471.00 was donated on Friday towards the year 6 farewell fundraising. Thank you to all the families for your donations.

Admin

The Blue Haven newsletter will be issued electronically from Week 6 (26/5/14).

The newsletter will be available on line at our school website, www.bluehaven-p.schools.nsw.edu.au, and it will also be sent to families through our school app. If you don't have the school app it can be downloaded onto your phone by following this link: www.skoolbag.com.au.

Paper copies of the newsletter will be available from the office foyer if you are unable to access the newsletter online.

Ruth Goodwin
Deputy Principal
Getting Along- Term 2 Week 3

This term students will be learning the YCDI foundation of ‘Getting Along’.

‘Getting Along’ means getting along with classmates and adults, including those who are different, working well with classmates, solving problems with classmates without fighting, making friends, following important school rules, and helping to make school a better place to live and learn.

Getting Along is the most commonly taught social-emotional capability taught to children from a very young age. There are many reasons for this. If children bring with them tendencies to consistently put their own needs first and to get angry when they do not have their way, the safety and welfare of individual class members will be at risk.

Much of what children learn in the early years is accomplished in large or small groups. Whether they are sitting together during circle time listening to a story or playing a hands-on activity together in small groups, children need to possess a wide variety of getting along skills such as waiting their turn, sharing, listening without interrupting, raising their hands, passing out materials, and helping others who are having difficulty completing tasks, in order for everyone to learn.

The ‘Getting Along’ unit focuses on teaching students the following elements:

- Working and playing together nicely, in class, the playground and at home (collaboration)
- Getting what they want without fighting (sharing, taking turns)
- Behaving well towards others (being honest, respectful, fair, caring)
- Following important rules in the classroom, playground and at home (rule abiding)
- Doing things to make your classroom cleaner and safer (citizenship)

YCDI Weekly Focus

SCHOOL FOCUS
Taking turns during group work

HOME FOCUS
Taking and waiting turns.

Book Club Orders
This month’s edition is due by Wednesday 14th May
Happy Reading!
A unique opportunity exists to fulfil a critical role in assisting the road safety of school students who use a school crossing. The Roads and Maritime Services (RMS) requires a School Crossing Supervisor, available to cover the morning and afternoon responsibilities for Blue Haven Public School at the crossing on Colorado Drive during the hours 8.00 - 9.00 am and 2.30 – 3.30 pm, 10 hours per fortnight.

The key accountabilities for the position are to:

- provide clear instructions to school students at the designated school crossing site to assist them to cross the road safely
- direct and control the traffic to stop at the designated crossing to enable students to cross the road safely
- Demonstrate safe working procedures such as arriving at the designated crossing site at the times specified by the RMS, to ensure the crossing is supervised and reporting site and safety issues to maintain personal safety and safety of school students at the crossing

Note: Applicants must be at least 18 years at the time of appointment and hold Australian Citizenship or Permanent Residency

To apply for this position please call (02) 4924 0612 to obtain an Information Pack and Position Description. When completing you will need to address the Selection Criteria and Notes. You may also apply online at the RMS website [www.rms.nsw.gov.au](http://www.rms.nsw.gov.au) Follow the links ‘Go to Roads’, ‘Careers’, and then ‘Search for jobs’.

All applications are to be sent to: Recruitment Services, Roads and Maritime Services, PO Box 973 CBD, Parramatta 2124.

Applications close: 25 May 2014
Our next general meeting will be on Wednesday 21\textsuperscript{st} May 6.30pm

**CANTEEN**

New Winter Menu is now out!
Flexischools online ordering

**MOTHERS DAY**

Thank you to the following Business’ for their donations for our Mothers’ Day Raffle
* Seaside Homewares
* Jodi – Moove n Groove
* Doyalson RSL
* Millenium GYM
* Gorgeous Hair

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**P&C MOTHER’S DAY RAFFLE**

Thank you to the families that supported the raffle

**Congratulations to the winners!**

- Gorgeous Hair Voucher
  - Noah T
- Gorgeous Hair Voucher
  - Pat V
- Millennium Health Club
  - One Month Membership
  - A Ellis
- 2 x $50 Doyalson RSL Vouchers
  - Chelsea 5C
- $50 Seaside Homewares Voucher
  - Craig B
- Planet Earth Gift Pack
  - Dakota 3L

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**Raine & Horne Charmhaven**

$500 Donation to Blue Haven Public School from every Sale when you present this advertisement. *

201C Pacific Highway, Charmhaven
Ph: 4393 1990 - Open 7 Days

*Commission will be paid from Sales Commission and will be paid upon settlement of the property.*
What a wonderful day, thank you to our amazing volunteers for helping serve and making items for the stall. To the ladies that set the stall up the afternoon before, thank you!
A very big mention must go to the wonderful Bec Privitera for all her organising, preparation, making items and hours of work involved for the stall. Thank you to Mrs Hartas, our wonderful Librarian, for making this day possible.